

In your community

Annual Report 2012



Vision Statement

We envision a province where no one goes hungry.

Mission Statement

Our immediate goal is to feed hungry people.

Our ultimate goal is to eliminate chronic hunger and alleviate poverty.

I

Board of Directors

Heather Hogg

Gloria Hubley, Member Representative

Cindy Jeffrey

Paul Kidston

Robert Logan, Secretary

David A. Miller, Honourary Member & Treasurer

William (Bill) Pratt, Member Representative

Rebecca Saturley, Chair

Dianne Swinemar, Executive Director

Kevin Trainor

Thomas E. Wheeler, Past Chair

The Ethical Food Banking Code Food Banks Canada



Food Banks Canada, its members (provincial associations), affiliate member food banks and associated agencies believe that everyone in Canada has the right to physical and economic access, at all times, to sufficient, safe, and nutritious food which meets their dietary needs and food preferences.

Food Banks Canada, its members (provincial associations), affiliate member food banks and associated agencies will:

- Provide food and other assistance to those needing help regardless of race, national or ethnic origin, citizenship, colour, religion, sex, sexual orientation, income source, age or mental or physical ability.
- Treat all those who access services with the utmost dignity and respect.
- Implement best practices in the proper and safe storage and handling of food.
- Respect the privacy of those served, and will maintain the confidentiality of personal information.
- Not require payment of any kind for donated food or consumer products, at any time from those assisted by their respective programs.
- Acquire and share food in a spirit of cooperation with other food banks and food programs.
- Strive to make the public aware of the existence of hunger, and of the factors that contribute to it.
- Recognize that food banks are not a viable long-term response to hunger, and devote part of their activities to reducing the need for food assistance.
- Represent accurately, honestly and completely their respective mission and activities to the larger community.

From our Chair, Rebecca Saturley



FEED NOVA SCOTIA has always stood out to me as being a leader in helping Nova Scotians from all walks of life.

I got involved with the organization because I felt that with the personal and professional success I enjoy, it was important to give back and help those whose everyday lives pose so many challenges. I was unaware of the breadth of the issues relating to food security in our province, the extent of FEED NOVA SCOTIA's role, and how each of us can make a difference. Being a member of the board has truly been a learning experience.

Every year FEED NOVA SCOTIA distributes almost two million kilograms of food that makes its way to the tables of thousands who rely on the support each month. And the fight to end hunger doesn't stop there. As an organization, we are true advocates for the individuals and families struggling with food security, and we also provide support through our Helpline and opportunities for training at our Learning Kitchen.

We are incredibly fortunate to be backed by the community—both generous corporate donors and individuals who give food, money and time to help make this possible. There is no question that the current economic climate continues to present challenges for the organization that ultimately have an impact on the clients we serve, but the loyal support of Nova Scotians always comes through.

I am lucky to have the opportunity to work with my fellow board members to provide strategic advice and set policy and direction for the organization, and FEED NOVA SCOTIA is also fortunate to have Executive Director Dianne Swinemar and her team, whose dedication to the cause is unparalleled. Our work could not be done without the member agencies in communities throughout the province, on the front lines every day, continually coming up with new and creative ideas to help the people they serve.

For everyone who has supported FEED NOVA SCOTIA in any capacity this year, thank you. In the upcoming year, we will challenge ourselves even further to meet our immediate goal of feeding hungry people, and work toward our ultimate goal of eliminating chronic hunger and alleviating poverty.

From our Executive Director, Dianne Swinemar

During the height of the recent recession, headlines highlighting the struggles of Nova Scotia's most vulnerable citizens appeared regularly, and the community responded with an outpouring of support. When our neighbours are hurting, we help out. It's how it has always been.

Three years have passed since the recession ended. The alarming stories of economic upheaval have petered out and so has the urgent call to action to help the hungry. Our country—and our province—have experienced a certain degree of recovery, but for those living in poverty the daily struggles persist.

Unfortunately, the peak in food and financial support has faded somewhat. Although much time has passed since the recession, it seems Nova Scotians are hesitant to breathe a sigh of relief, and the

feeling of economic uncertainty lingers on. For some, charity has been replaced with cautiousness, and understandably so. After all, we're still contending with inflated food prices and the high cost of fuel.

Despite these things, we've done our best at FEED NOVA SCOTIA to persevere and work toward our mission of feeding the hungry, because regardless of the economic climate, there are people counting on us. No matter what, our trucks leave our parking lot each morning and make their way to communities across the province to distribute food to our dedicated network of member agencies. This is only possible through the steadfast support of the loyal donors and volunteers who continue to give, even in the toughest of times. We are so incredibly thankful for this. And we are truly proud to report on what we have accomplished together.



Because hunger is in every community, so are we.

Caring, sharing, respect and hope. These are the values that guide us each day as we work toward our mission of feeding hungry people and eliminating chronic hunger and poverty. As the provincial member of Food Banks Canada, we distribute donated food to almost 150 food banks and meal programs that collectively support thousands of Nova Scotians each month. Through this provincial network, we are efficiently and effectively responding to a very basic need that persists in our communities.

In addition to putting food on the tables of families in need, we look at the bigger picture—the systemic reasons behind hunger and poverty—and we provide support programs such as our Helpline and Learning Kitchen to address these larger issues. By doing this, we hope a time will come when no one in our province has to spend an entire day looking for their next meal.

Until that time, because hunger is in every community, so is FEED NOVA SCOTIA. And we are only there because of you.





Safety first

FEED NOVA SCOTIA was proud to take Food Banks Canada's Safe Food Handling Program on the road this year. Sixty-seven member agency representatives (from 37 agencies) and 15 FEED NOVA SCOTIA employees completed the training.

Photo: Karen Casey, FEED NOVA SCOTIA's Food Safety Manager, discusses the importance of diligent hand washing techniques with Linda Arsenault, Ann Ripley and Peggy Burton of Pictou County Food Bank East.

in your community

Collecting and distributing donated food

Each morning we load up the trucks and head out on the road to make deliveries to our member agencies across the province. Often we are fortunate to make a few stops along the way to pick up generously donated food. The next day we do it all again. When we park the trucks in the evening, it feels good knowing that with the support of the community, we've done everything we can to ensure hungry Nova Scotians will have food on the table at dinner time.

This year we distributed 2,029,494 kilograms of donated food to our member agencies—an increase of almost three per cent compared to 2010-11.



Food categories distributed

Non-perishable (1,084,361 kg) up 12.8%

Perishable (882,113 kg) down 7.6%

Prepared (63,020 kg) up 10%



Source of food by donor type based on food distributed



In 2011-12 we salvaged 468,596 kilograms of unmarketable food donated by grocery stores and wholesalers via reclamation companies; this food would otherwise have been destroyed. Adhering to strict food safety quidelines, we're sorting and distributing food to those who need it and doing our part for the environment.

Farmers feeding families

Twice a week we travel to the Annapolis Valley, making food deliveries to our member agencies in the region. A highlight of the trip are frequent stops at several commercial farms that give generously year after year.

Photo: This photo of Dianne Swinemar and Mark Sawler of Sawler Gardens (a Berwick farm that's been donating fresh produce to FEED NOVA SCOTIA for eight years) graced the cover of *Apple Valley Scoop* magazine in December 2011, along with a story on hunger in the region.

in your community





Getting their fair share

As the provincial association, food that is donated to FEED NOVA SCOTIA is distributed to our membership using a fair share approach, which minimizes the likelihood of having rich food banks and poor food banks. Packaged and canned goods are distributed based on the number of clients each food bank serves. A similar approach informs the allocation of perishable food as well, although the nature of the product sometimes requires orders to be modified for some agencies based on their capacity to store fresh and frozen foods.

Photo: Amherst Food Assistance Network's Christine Davis, Vincent Smith and Jeff Marshall help offload their bi-weekly food delivery.

in your community

Where we distribute the food



- Valley-Yarmouth (12.4%)
- South Shore (4.3%)
- Colchester-East Hants-Cumberland (10.7%)
- Halifax Regional Municipality (50%)
- Antigonish-Pictou-Guysborough (6.8%)
- Cape Breton (8.7%)
- NB and PEI (7%) (designated through the National Food Sharing System)

Culinary curiosity

In the summer we launched Kidz Magic Cupboard, a pilot program designed to engage children with food and cooking. Three member agencies ran the program, with 26 children participating. Our mini chefs learned practical skills, and were excited to take their creations and newfound culinary tricks home at the end of the day.

By all accounts, we deemed the program a success, especially with the candid endorsement of one participant who said, "I'd rather come to Kidz Magic Cupboard than go swimming." There you have it.

Photo: Kids take to the kitchen at St. Paul's Family Resource Institute Inc. in Spryfield.

in your community



Member agency survey

In a satisfaction survey conducted amongst our members this year:

- 86% of respondents said they were satisfied or very satisfied with the amount of food they receive from FEED NOVA SCOTIA and 78% said they were satisfied or very satisfied with the categories of food they receive.
- 92% of respondents rated the overall value they receive for their membership with FEED NOVA SCOTIA
 as good or excellent.
- 92% of respondents indicated they were satisfied or very satisfied with FEED NOVA SCOTIA's representation
 of provincial interests at a national level through Food Banks Canada's Member Council.
- 86% of respondents rated FEED NOVA SCOTIA's efforts to influence changes in social policy as good or excellent.

Understanding hunger in Nova Scotia

In order to address hunger and poverty it is important to understand the current realities. When it comes to something that has such a profound affect on individuals, families and communities, there is no room for naivity and assumptions.

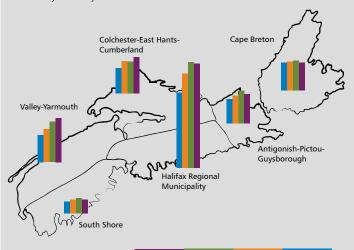
HungerCount

How many people turn to a food bank in an average month? Who are they? What are some of the circumstances they're faced with in life? These questions are answered through HungerCount, a national survey on food bank use conducted each March by Food Banks Canada. We administer the survey in Nova Scotia and the data becomes part of a comprehensive look at hunger in our country.

Results of the 2011 study were reported in November and showed 22,505 individuals were assisted by food banks in Nova Scotia in March 2011. This represented a slight decrease of 0.3 per cent compared to the previous March. While on the whole our provincial numbers were down, two regions experienced an increase: Valley-Yarmouth and Colchester-East Hants-Cumberland.

Number of individuals assisted by food banks

After two years of significant increases, HungerCount 2011 showed a modest decrease in the number of individuals assisted by food banks in Nova Scotia. This map shows the variances for each of our six regions, counting each individual only once regardless of how many times they received assistance.



	2011	2010	2009	2008
Valley-Yarmouth	3,914	3,659	3,054	2,398
	1,177	1,245	1,134	952
South Shore Colchester-East Hants-Cumberland	3,139	2,767	2,883	2,235
Antigonish-Pictou-Guysborough	9,305	9,496	8,431	6,713
Halifax Regional Municipality	2,501	2,780	2,308	2,145
Cape Breton Provincial	2,469	2,627	2,535	2,472
	22,505	22,574	20,345	16,915

Source: HungerCount 2008-2011

Client registry

Each month we collect data from our member agencies. This data augments what we learn through HungerCount, giving us an in-depth picture of Nova Scotians accessing food assistance. Special focus was placed on securing regular data submissions from our entire membership this year, and we were especially pleased to see a number of agencies submitting regular data that had not previously been captured in the database. Having this not only helps us better inform the public, it also means we can better meet the specific needs of clients. For example, when a community group came to us with a donation of birthday packages, we were able to identify which agencies served children in that age group to specifically target the distribution.

South Shore is one of four regions that showed a decrease in the number of individuals assisted in March 2011 compared to March 2010. Five per cent fewer people in the area relied on a local food bank for help. In 2011, the South Shore region shows a 24 per cent increase compared to pre-recession 2008.

Colchester-East Hants-Cumberland region experienced an increased need for food assistance in March 2011 compared to March 2010. Overall, this region has experienced a 40 per cent increase in the number of individuals assisted by food banks since March 2008.

Halifax Regional Municipality figures showed a two per cent decrease in 2011 compared to 2010. Overall, there has been a 39 per cent increase in the number of people assisted by Halifax Regional Municipality food banks in March 2011 compared to pre-recession 2008.

Antigonish-Pictou-Guysborough region showed the greatest decrease in the number of individuals assisted in 2011 compared to 2010 at 10 per cent. However, there has been a 17 per cent increase since 2008.

Cape Breton region also experienced a decrease in 2011 compared to 2010. Cape Breton is an anomaly among the six provincial regions: it is the only region showing a decrease (albeit quite modest at 0.12 per cent) in the number of people assisted comparing 2011 to pre-recession 2008.

Valley-Yarmouth region has experienced an increase in the number of individuals assisted by food banks during March for three consecutive years as shown by responses to HungerCount surveys in 2008, 2009, 2010, and 2011. There has been a staggering 63 per cent increase in the number of individuals assisted in March 2011, compared to prerecession 2008.



Supplying success

Last fall the Nova Scotia Teachers Union helped 1,017 students get ready for the new school year with a donation that allowed us to distribute loose leaf, notebooks and scribblers. Data from our client registry helped us pinpoint the agencies across the province with school-aged children so we could make sure the supplies were going to the right place. Bridgewater Inter-Church Food Bank was one of the recipient agencies. Gloria Hubley, food bank coordinator, later told us: "Some families were really worried about how they were going to provide the necessary items on their children's school lists. Through this donation we were able to provide some of the items, helping to ease their worries and allowing them to focus on other necessities."

in your community

Engaging others in the discussion

Hunger Awareness Week

This annual event grew into a week-long occasion this year. Echoing Food Banks Canada's national message, we asked Nova Scotians to 'Give it up for Hunger' by going without food for a day and sharing their experience through social media. We also got people talking by posting thought-provoking messages like this word map on Facebook and Twitter. In addition, staff members took advantage of a captive audience by standing and displaying daily messages during rush hour traffic along the Bedford Highway in Halifax.



Charlie and the Little Spoon

Early last year we created Charlie, a little boy with a big heart. He became the central character in *Charlie and the Little Spoon*, a story we wrote to engage young kids in the fight against hunger. We were incredibly fortunate to receive a grant from TELUS Atlantic Canada Community Board to publish both this book and another for a slightly older audience.

Photo: Six-year-old Jessie Mae gave the book a test drive before it went for print. Accompanying her is (right to left) Dianne Swinemar and TELUS representatives Ken Power and Janelle McNulty.







Christmas

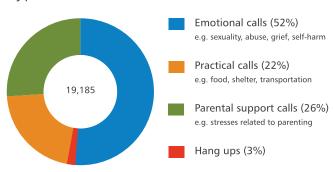
The month of December is an all-consuming, all-hands-on-deck time. Providing support for families in need at Christmas—over and above the support we provide through the year—is a huge task. Fortunately the need for support is matched by the generosity of community members who come forth to help make the holidays brighter for hungry Nova Scotians.

Through our Christmas Registry, a special program we operate in Halifax Regional Municipality, we identified those needing assistance and matched 6,885 households with support, whether it was through our own Adopt-a-family and Feed-a-family programs or with another organization in the community that provided holiday support.

Especially significant this year was an \$85,000 donation from Nova Scotia Power to purchase 5,500 turkeys for distribution throughout all regions of the province.

Helpline

Type of calls received



Our Helpline is a provincial telephone service through which trained volunteers and staff provide supportive listening and help callers work through the challenges they are experiencing. While the specific nature of each call varies, topics often involve relationships, mental health issues, addictions, parent support, and food and housing concerns.

Helpline responded to 19,185 calls this year—an increase from last year that highlights a continued need for the service across the province.



"When you call Helpline you know they are listening to you. Listening is such an important part. It helps you to feel like you are being understood. One lady has such a soft, calming and endearing voice. That really helps to calm you down when you are in a crisis."

"The Helpline is a completely different approach. They don't rush you. They don't judge you. They help you find coping skills to manage your anxiety about your situation. You feel very hopeful and relaxed after talking to the person on the phone."

Learning Kitchen

Success stories are a wonderful thing, and our Learning Kitchen program is certainly full of them. At the CBC Information Morning Birthday Party we were excited to see Mary Nkrumah, one of our former Learning Kitchen students (shown below with radio host Louise Renault). The catering company Mary now owns and operates provided cake and cupcakes for the event. We couldn't have been more proud! And it's not just Mary's life that has been impacted; so many people benefit from the program.

Of the 27 students who completed the 16-week training program this year, one pursued further education and 15 found full-time employment. By teaching culinary and life skills, the Learning Kitchen gives individuals who face barriers to employment the opportunity to change their own lives. Students also have the chance to give back by preparing meals for local shelters and meal programs. This year, students were even busier in the kitchen, producing almost 95,000 meals — triple the amount distributed last year.



Thank you guys for the Support, Encouragment, Motivation.

Patience and trust that

you had in all of US! At a time when all of us needed Support. you guys that were there to make sure that We believed in ourselves and encouraged us to not give up! you have made a big impact on all of us for giving us a chance to work with you at the learning Kitchen and FEED NOVA SCOTIA, Thanks again for Everything?
We will miss you!



So many amazing events!

There's nothing quite like the smile on a child's face when they walk through our office door and present a box of food they collected at their birthday party. Members of our community, young and old, play a huge role in our effort to help hungry Nova Scotians. In fact, 362 third party events raised an incredible 125,218 kilograms of food and \$464,195 this year.

To all those who cooked, collected, raffled, celebrated, walked, ran, sang, and much, much more in support of our mission—thank you!

Photos (top to bottom):

- William Hardman collected 45 kg of food at his 7th birthday party.
- Sacred Heart School of Halifax collected 1,421 kg during their annual Feed People Food Week.
- Sobeys orchestrated a flash mob to celebrate the launch of their annual Fill the Food Bank, Fuel the Community campaign.
- Hundreds of volunteers brought our Charlie Brown Christmas theme to life at the Chronicle Herald Holiday Parade of Lights, raising 3,273 kg of food and \$18,789.

Top ten third party events

	Funds collected (\$)	Food collected (kg)	Value of food 1kg=\$5.50	Total combined value
CBC's FEED NOVA SCOTIA Day	\$164,504	2,146	\$11,803	\$176,307
C100 Stuff a Bus	\$10,067	17,575	\$96,663	\$106,730
Canada Post Food Drive	\$120	14,743	\$81,087	\$81,207
Q104 Hunger Strike	\$40,611	6,014	\$33,077	\$73,688
The Bounce Gives Back	\$4,608	12,114	\$66,627	\$71,235
CBC Light up a Life	\$48,142			\$48,142
HRM Holiday Parade of Lights	\$18,772	3,273	\$18,002	\$36,774
Loblaw Extra Helping	\$6,174	4,414	\$24,277	\$30,451
Gift Wrap: Mic Mac & Sunnyside Malls	\$17,712			\$17,712
Royal Nova Scotia International Tattoo	\$8,085	220	\$1,210	\$9,295

Swinging for Supper presented by ADP

This annual golf tournament fell on our fiscal calendar twice this year, raising \$32,526 in the first trip around the course and \$33,468 in the second. With the swing of a nine iron, our golfers made a big impact. Special thanks to committee members Don Couse, Cindy Jeffrey, Peter Lynch, Rick Nurse, Bob Pulsifer, Harrison Robbins (Chair) and Lloyd Swinemar.

Chair-a-tea presented by TD

Funds raised at our annual dinner and auction—an incredible \$79,908—enabled the purchase of a new five-tonne refrigerated truck. This much-needed addition to our fleet of vehicles means we'll be sure to get where we need to go. Special thanks to committee members Andrew Belliveau, Darlene Bennett, Brad Burrell, Mary Dempster, Brent Devereux, Justin Hirtle, Stuart Joliffe and Geoff Wills (Chair).

Canstruction®

Participants in this creative and collaborative event helped stock the shelves of hungry Nova Scotians once again with their gravity-defying structures, raising 14,868 kilograms of food and \$16,818. Special thanks to committee members Lori Arnold, Bryan Darrell, Leigh Day, Tim Houtsma, Adam Kennific, Tom McMenamon, Chris Riehl, Anne Smith and Ray Wells. We are also pleased to thank our founding sponsor, Global Maritimes.

Divas on the Green presented by Stewart McKelvey

Almost 100 women hit the green at Glen Arbour Golf Course for this non-golf event, featuring a host of experiences from sushi and wine tasting to kickboxing and yoga. Divas on the Green sold out in its second year and raised \$24,364. Special thanks to committee members Sheila Blair-Reid, Arlene Gorrill, Heather Hogg, Christine Pound, Kelly Smith, Jill Thomas-Myrick (Chair) and Cindy Wheeler.





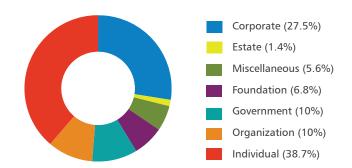
Great Canadian Food Fight

70,883 kilograms of food in 48 hours and a second place finish! This friendly competition between FEED NOVA SCOTIA and our counterparts in Regina and Victoria brought the whole community together to collect and weigh as much food as possible in two straight days. No matter who takes home the coveted first-place ribbon in this annual event, we all acknowledge the true winners—the people who ultimately benefit from the food that's raised.

Fleet enhancements

When you travel 361,910 kilometres in a year, distributing food across the province, a reliable fleet of vehicles is a must have—especially when hungry families are counting on your support. We were ecstatic to watch three new sets of wheels drive onto our lot this year. The first was a gift from an individual donor and we were excited to have it wrapped by 3M Trimline and officially labelled our events van. Then came a donation from Purolator. Fueled by a belief that nothing is more essential than a nutritious meal, they arrived with a delivery truck filled with food. They were accompanied by representatives of the Halifax Mooseheads, one of their key partners in raising food and funds. Lastly, we purchased a refrigerated five-tonne truck with funds raised at our annual Chair-a-tea dinner and auction.

Source of revenue by donor type



Note: "Government" includes government grants that support our Learning Kitchen and Helpline programs, as well as funds raised by employees within government, police, military and fire departments.

An incredible partner

Through four wonderful projects this year, CBC raised a whopping \$302,106 and 2,527 kilograms of food for our organization. Since we opened our doors in 1984, CBC has been right there beside us, looking out for hungry Nova Scotians. It's a partnership we're proud of and an amazing level of support we couldn't do without.

Photo: Cape Bretoners helped make the holidays brighter for Nova Scotians in need through CBC's Light up a Life event in December.

in your community



How we spend your donations



Donors have a right to know how their financial contributions are put to use. While the financial statements later in this report detail all revenues and expenses, the above chart provides a quick summary.



Volunteers

Collectively contributing 44,132 hours this year, there is no doubt our volunteers are the wheels that keep the organization rolling. The dedication, passion and selflessness of these 757 individuals and 157 groups are truly unmatched, and the time they spent helping hungry Nova Scotians is equal to 24 full-time staff positions! That's pretty incredible.

Rate at which our volunteers outnumber paid staff

58
Average hours contributed by each volunteer

856
Most hours contributed by a single volunteer (yay for Norma Searle!)

372
Number of new volunteers

Dear Dianne.

I bould like you to buse that

I find it very rewarding to be associated with a great organization such as

FEED NOVA SCOTIA which cares so much for our less fortunate

Citizens.

Best regards.

David.

Donor Recognition

FEED NOVA SCOTIA introduced a donor recognition policy this year to ensure that those who support the organization through charitable giving receive recognition that is appropriate, equitable, timely, consistent and within the financial means of the organization. In keeping with this policy we are pleased to recognize the following contributors for their cumulative giving since 2000.

Financial and In-kind Donors

Cumulative giving (excluding event sponsorship) totals \$100,000 or greater

Anonymous individual donor Anonymous donor (through Stewart McKelvey) Grocery Foundation of Atlantic Canada Nova Scotia Power Nova Scotia Government Employees Union Sobeys Inc

Food Donors

Cumulative giving totals 100,000 kg or greater

Atlantic Superstore Ben's Thrift Store Campbell Company of Canada Limited Costco Wholesalers den Haan Enterprises Ltd GFS - Gordon Food Service High Liner Foods Incorporated J.W. Mason & Sons Limited Kraft Canada Lewis Brothers Inc Nova Agri Inc Sable Warehousing & Distribution Ltd Sawler Gardens Seaway Distributors Ltd Stone Hearth Bakery Sysco Food Services Vermeulen Farms Ltd

One Million Kilogram Club

Cumulative giving totals 1 million kg or greater

Sobeys Inc

Estate Gifts

During this fiscal year FEED NOVA SCOTIA thankfully recognised bequests from:

Estate of Doris Marguerite Gault Estate of Doris Thornton Estate of Harley Hazelwood Estate of Karl & Katherine Schwartz Estate of Mr. Thomas Roy Cooper

Chank you!













Our Member Agencies

Annapolis Valley-Yarmouth

Annapolis Area Food Bank Society

Berwick Food Bank

Bridgetown & Area Food Bank

Canning Area Food Bank

Clare Food Bank

Digby & Area Food Bank

Fundy Interchurch Food Bank

Hantsport & Area Community Food Bank

Harvest House Community Outreach

NSCC Annapolis Valley Campus (Middleton)

Twelve Baskets Food Bank

Upper Room Food Bank Association

Weymouth Area Food Bank

Windsor & District Food Bank

Wolfville Area Food Bank

Yarmouth Food Bank Society

South Shore

Bridgewater Elementary School Breakfast Program

Bridgewater Interchurch Food Bank

Food For Thought Breakfast Program

Lighthouse Food Bank Society

Lunenburg Interchurch Food Bank

Mahone Bay Area Food Bank Association

New Germany Area Food Bank

Queens County Food Bank

Shelburne Loyalist Food Bank

South Shore Family Resource Association

Colchester-Hants-Cumberland

Amherst Food Assistance Network Association

Colchester Food Bank Association

Hants North Community Food Bank

Indian Brook Food Bank

Oxford & Area Food Bank Association

Parrsboro & Area Food Bank Society

Pugwash & Area Food Bank (Open Hamper)

Salvation Army Family Services (Truro)

*Salvation Army Springhill Community Church

Shumilacke Food Bank Society

Halifax Regional Municipality

A.J. Smeltzer Junior High School

Adsum Centre for Women and Children

Adsum Court

Adsum House

Alcare Place

Alice Housing

Ark Outreach

Bayers Westwood Family Centre

Bayers Westwood Resident's Association Food Bank

Beacon House Interfaith Society

Brunswick Street Mission Breakfast Program

Brunswick Street Mission Food Bank

Canadian Mental Health Association (Dartmouth Among Friends)

Canadian Mental Health Association (Halifax Caring & Sharing)

City Church Hope Ministries Food Bank (Ceased operations and removed

active membership August 2011)

Cole Harbour/Woodside United Church Food Bank

Community YMCA

Connections Clubhouse

Corp. of Christ Church

Coverdale Centre (Removed membership February 2012)

Cunard Learning Centre

Dalhousie University Student Union Food Bank

Dartmouth Family Centre

Dartmouth First Baptist Food Bank

David's Place

Demetreous Lane Food Bank

East Dartmouth Christian Food Bank Association

Eastern Shore Volunteer Food Bank

Elizabeth Fry Society

Emmanuel Anglican Church Food Bank

Family SOS (Services of Support)

Feeding Others of Dartmouth Margaret House

FLEC - Bedford Highway

FLEC - Dartmouth Forsythe Centre

FLEC - Quinpool Education Centre

Freedom Foundation of Nova Scotia

Gateway Community Church

Greystone Community Centre Association

Halifax Transition House Association - Bryony House

Halifax West Ecumenical Food Bank

Helping Hands Food Bank (Church of the Holy Spirit)

Highland Park Junior High School

*Jesus House Halifax

John Martin Junior High School Breakfast Program

Lake Echo Community Food Bank

Lockview High School Food Bank

Mainline Needle Exchange

Manna For Health

Marine Communities Food Bank Society

Metro Non-Profit Housing Association Dartmouth

Metro Non-Profit Housing Association Halifax

Mic Mac Native Friendship Society

Mount Saint Vincent University Students' Union Food Bank

Mulgrave Park Tenants Association

New Beginnings Clubhouse

North Dartmouth Outreach Resource Centre Society

Out of the Cold Shelter

Phoenix Youth Programs - Coburg Road

Phoenix Youth Programs - Hunter Street

Phoenix Youth Programs - Tower Road

Prince Andrew High School Youth Health Centre

Prince Arthur Junior High Breakfast Program

Rainbow Food Bank

Salvation Army Dartmouth Community Church

Salvation Army Family Services (Halifax)

Salvation Army Halifax Centre of Hope

Shelter Nova Scotia (Barry House)

Shelter Nova Scotia (Metro Turning Point)

*Shelter Nova Scotia (Nehiley House)

Shelter Nova Scotia (Sir Sandford Flemming House)

SHYM - Supportive Housing for Young Mothers

St. Agnes Junior High School Breakfast Program

St. Andrew's Church Supper Program

St. Clement's SVDP

St. George's Soup Kitchen

St. George's YouthNet

St. James United Church Food Bank

St. Margaret's Bay Food Bank

St. Mark's Food Bank

St. Matthew's United Church Breakfast Program

St. Paul's Family Resources Institute Inc.

St. Paul's SVDP

SUNSCAD (Student Union of Nova Scotia College of Art & Design)

The Laing House Association

The Marguerite Centre

The Stepping Stone Association

The Youth Project

Victoria Road Baptist Church Food Bank

Antigonish-Pictou-Guysborough

Antigonish Community Food Bank

Canso & Area Food Bank Association

Guysborough & Area Food Bank Society

Pictou County (East) Food Bank

Pictou West Food Bank

Salvation Army Westville Corps.

St. Francis Xavier University Student Food Resource Centre

Cape Breton

Barra Food Bank Society

CAW Louisbourg Food Bank Society

Eskasoni High School Breakfast Program

Glace Bay Food Bank Society

Helping Hands South of Smokey

Inner City Churches - Loaves and Fishes Society

*Ma's Meals & Shelter

North Sydney Community Food Bank

Port Hawkesbury Food Bank Society

Port Hood Food Bank

Salvation Army Sydney Community Church

St. Louis Community Services Committee

St. Theresa's Food and Clothing Depot

SVDP Society St. Leonards

Sydney Mines Food Bank Society

The AIDS Coalition of Cape Breton

Unama'Ki Training & Education Centre

*FEED NOVA SCOTIA is especially pleased to welcome the organizations that joined our provincial network in 2011-12.

Current listing at year end (June 30, 2012).

Dear FEED NOVA SCOTIA, My sister and I collect baby food for you for our birthday parties instead of
we wish we could have brought it to you ourselves.
Have a nice day! D sincerely paramora Eastwood and Alexandrea Eastwood

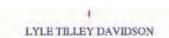
Raeanna and Alexandrea's letter made us smile, and their kindness warmed our hearts. To everyone who joined them in supporting Nova Scotians in need this year—

thank you.

Your generosity touches so many lives

METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA)

FINANCIAL STATEMENTS for the year ended June 30, 2012



LYLE TILLEY DAVIDSON

Chartered Accountants



INDEPENDENT AUDITOR'S REPORT

To the board of directors of Metro Food Bank Society - Nova Scotia (operating as FEED NOVA SCOTIA)

We have audited the accompanying financial statements of **Metro Food Bank Society - Nova Scotia**, which comprise the statement of financial position as at June 30, 2012 and the statements of revenue and expenditures and changes in fund balances and cash flow for the year then ended, and a summary of significant accounting policies and other explanatory information.

Management's Responsibility for the Financial Statements

Marragement is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian generally accepted accounting principles, and for such internal controls as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Canadian auditing standards. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal controls relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal controls. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

Basis for Qualified Opinion

In common with many charitable organizations, the Society derives revenue from the general public in the form of donations, the completeness of which is not susceptible to satisfactory audit verification and donated food, the completeness and valuation of which is not susceptible to satisfactory audit verification. Accordingly, our verification of these revenues was limited to amounts reported in the books of the Society, and we were not able to determine whether any adjustments might be necessary to revenues, excess if revenues over expenditures, assets and fund balances.

101 IIsley Avenue, Unit 7 Dartmouth, Nova Scotia, B3B 188 Tel: 902.468.2688 Fax: 902.468.5966 1718 Argyle St., Suite 720 Hallfax, Nova Scotia, B3J 3N6 Tel: 902.423.7225 Fax: 902.422.3649

LYLE TILLEY DAVIDSON

Chartered Accountants



Qualified Opinion

In our opinion, except for the effect of adjustments, if any, which we might have determined necessary had we been able to satisfy ourselves concerning the completeness of the donation revenue and completeness and valuation of donated food received from the general public, the financial statements present fairly, in all material respects, the financial position of **Metro Food Bank Society - Nova Scotia** as at June 30, 2012 and the results of its operations and cash flow for the year then ended in accordance with Canadian generally accepted accounting principles.

CHARTERED ACCOUNTANTS

Halifax, Nova Scotia

August 28, 2012

METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA) STATEMENT OF FINANCIAL POSITION as at June 30, 2012

	2012	2011
ASSETS (note 6)		
GENERAL FUND	W 125-1 40-2	
Cash and short-term investments (note 4)	\$ 371,269	\$ 674,50
Accounts receivable	39,980	44,58
HST recoverable	35,917	31,42
Prepaid expenses	34,229	47,89
	481,395	798,39
CAPITAL FUND	****	an in
Capital assets (note 5 and 6)	692,289	611,17
BEQUEST FUND (note 2(c) and 4)	10,000	10,00
OPERATIONAL RESERVE FUND (note 2(d) and 4)	190,370	188,51
	\$ 1.374,054	\$ 1,608,08
LIABILITIES		
GENERAL FUND		2 000
Accounts payable and accrued liabilities	\$ 98,211	\$ 113,62
Legacy project (note 7) Deferred revenue	2,262	2,19
Deletted tevendo	316,932	200,55
	417,405	324,35
CAPITAL FUND Deferred contributions - capital campaign (note 8)	171,558	202.73
Deferred revenue	1 (1) 0500	202,70
Property acquisition (note 9)	63,078	65,70
Department of Community Services capital grant (note 9)	28,850	37,72
Long-term debt (notes 6 and 10)	39,206	54,99
	302,690	361,15
FUND BALANCES		
GENERAL FUND	63,990	474,03
CAPITAL FUND	369,599	250,02
BEQUEST FUND	10,000	10,00
OPERATIONAL RESERVE FUND	190,370	188,51
	653,959	922,57
	\$ 1,374,054	\$ 1,608,08

COMMITMENTS (note 12)

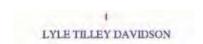
Signed on behalf of the Board

Director Director

METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA) STATEMENT OF REVENUE AND EXPENDITURES

for the year ended June 30, 2012

	2012	2011
DONATED FOOD (note †1(a))	\$14,690.137	\$14.334,211
DISTRIBUTION OF FOOD TO MEMBERS (note 11(a))	14,690,137	14,334,211
	_	_
REVENUE (Schedule 1)	2,926,557	2,865,701
EXPENDITURES		
Food solicitation and distribution-	2.44	5.55
Amortization of motor vehicles	47,285	39,410
Food purchases	265,076	226,952
Garbago collection	89,189	75,548
Salary and benefits	797,043	677,337
Supplies	16,967	20,016
Telephone	5,352	3,884
Training and development	6,689	1,325
Motor vehicle	290,128	289,396
	1,517,729	1.327,868
Advocacy and client services/membership support-		OTH
Client support and outreach	4,466	7,365
Learning kitchen	203,394	164,574
Membership meeting expenses	433	2,183
Office and printing	5,797	4,967
Research and program development	27,271	24,178
Salary and benefits	343,972	310,650
Staff training and development	2,956	2,351
Telephone	4,316	2,726
	592,605	518,992
ADMINISTRATIVE (Schedule 2)	612.920	640,223
OCCUPANCY (Schedule 2)	91,476	79,235
RESOURCE DEVELOPMENT AND COMMUNICATIONS (Schedule 2)	298,351	244,605
REDIRECTED DONATIONS	89,949	145,776
	3,197.030	2,958,899
EXCESS OF EXPENDITURES OVER REVENUE FOR THE YEAR	\$ (270,473)	\$ (90,998



METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA) STATEMENT OF CHANGES IN FUND BALANCES

for the year ended June 30, 2012

	_							2012	2011
		perational serve Fund	Capital Fund	General Fund	8	Bequest Fund		Total	Total
FUND BALANCES - BEGINNING									
OF YEAR	3	188,517	\$ 250,029	\$ 474,033	\$	10,000	3	922,579	\$ 1.013,577
Excess of expenditures over									
revenue for the year		140	(40,748)	(229,725)		-		(270,473)	(90,928)
Interest		1,853				-		1,859	
Transfers from general fund -									
Capital asset purchases, net of disposals		-	164,532	(164,532)		-		-	0.00
Repayment of long-term debt			15,786	(15,786)		- 2 -		-	- 3-
UND BALANCES - END OF YEAR		100 970	\$ 389.599	\$ 63,990	S	10.000	•	653,959	\$ 922,579

METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA) STATEMENT OF GASH FLOW

for the year ended June 30, 2012

		2012		2011
CASH FLOW FROM OPERATING ACTIVITIES				
Excess of expenditures over revenue				
for the year	5	(270.473)	\$	(90,998
Adjustments for		W. 25.00 F 190		
Amortization		80,833		71,785
Loss on disposal of capital assets		(415)		6,416
Amortization of deferred revenue	-	(42.674)		(46,587
		(232,729)		(59,384
Changes in non-cash working capital:				
Accounts receivable		4.586		126,433
HST recoverable		(4.493)		(7,089
Prepaid expenses		13,662		(10,293
Accounts payable and accrued liabilities		(15,419)		(60,626
Deferred revenue - legacy project		68		(2,870
Deferred revenue - other	_	108,395		139,525
		(125,930)		125,696
CASH FLOW TO FINANCING ACTIVITIES				
Repayment of long-term debt		(15.786)		114,766
CASH FLOW TO INVESTING ACTIVITIES				
Purchase of capital assets		(164,524)		(21,679
Proceeds from sale of capital assets		3,000		.575
Operational reserve fund interest	_	1,853		2,017
	1	(159.671)		(19,087
INCREASE (DECREASE) IN CASH DURING THE YEAR		(901,387)		91,843
CASH AND SHORT-TERM INVESTMENTS - BEGINNING OF YEAR	4	863,026		771.183
CASH AND SHORT-TERM INVESTMENTS - END OF YEAR	5	561,639	\$	863,026
Interest paid on long-term debt	\$	3,348	\$	4,369
Cash and short-term investments consists of:				
Cash and in kind gift certificates	*	321,096	5	647,759
Short-term investments	-	50,173	Ψ	28,750
		371,269		674,509
Operational fund reserve		190,370		188,517
	5	561,639	\$	863,026
	_		_	

NOTES TO FINANCIAL STATEMENTS for the year ended June 30, 2012

1. DESCRIPTION OF ORGANIZATION

Metro Food Bank Society - Nova Scotia is a charitable organization which accepts, collects and distributes lood and lood related products to member agencies for distribution to needy families, and provides support services for self-help imilatives, it commits itself to work in partnership with the community to enhance human dignity, by eliminating chronic hunger and alleviating poverty in the Province of Nova Scotia. The main fundraising activities of the Society occur in December each year and the cash raised is mainly utilized to fund operations throughout the year.

On February 28, 2005 the Society registered FEED NOVA SCOTIA as its operating name.

The Society is a registered charity for income tax purposes and is, therefore, not required to pay tax under the income Tax Act.

2. ACCOUNTING POLICIES

Revenue recognition

Fundraising, unrestricted grants, donations, and other revenues are recognized when received by the Society. Donated food revenue is recognized at the time the food is distributed to the Society's members.

Donated food

Donated food and its subsequent distribution to members is valued based on managements best estimate determined using an average cost per kilogram for donated food.

Donated goods and services

Donated goods and services are not recorded unless management can reasonably determine the fair value of the donated goods or services.

Capital assets

Capital assets are recorded at cost, and are amortized using the declining balance method at the annual rate of 4% for building, 8% for pavement, 20% for equipment and uniforms and 30% for motor vehicles and computers. Computer software will be amortized at a rate of 100% once it becomes available for use.

Amortization is calculated at one-half of the normal annual rate in the year of acquisition; no amortization is recorded in the year of disposal.

Use of estimates

The preparation of financial statements in conformity with Canadian generally accepted accounting principles requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities at the date of the financial statements, and the reported amounts of revenues and expenses during the reporting period. Actual results could differ from management's best estimates as additional information becomes available in the future. The most significant accounting estimates in these financial statements include allowance for doubtful accounts, the estimated useful lives of capital assets and deferred revenue.

NOTES TO FINANCIAL STATEMENTS for the year ended June 30, 2012

2. ACCOUNTING POLICIES (continued)

Government assistance

Government assistance and other capital assistance for the purchase of capital assets is deterred and amortized to earnings on the same basis as the related asset.

Fund accounting

The Society uses the fund accounting method of presenting its assets, liabilities and results of operations. This method recognizes the limitations and restrictions placed on the use of the resources available to the Society by classifying all transactions according to their nature. The funds utilized by the Society include:

(a) General Fund

The General Fund is used to account for the primary operations of the Society, including costs related to programs, administration and operation of the premises.

(b) Capital Fund

The capital fund is used to account for capital assets, including their acquisition, financing, amortization and disposal. Operating costs of capital assets are accounted for in the Operating Fund.

(c) Bequest Fund

The annual income from the bequest fund may be used for operations but the capital, in the amount of \$10,000, can be used only upon the specific direction of the Board of Directors. As at June 30, 2012, the restricted cash is held in the form of Guaranteed Investment Certificates with an interest rate of 1,25%.

(d) Operational Reserve Fund

The operational reserve fund was established by the Board to ensure the sustainability of the Society. Each year up to 5% of revenues, excluding donated goods and services, are to be transferred to the fund until an amount equal to 3 months operating costs have been accumulated. The amount transferred each year cannot exceed revenues over expenditures in the year. Interest earned in the fund is recorded as revenue in the fund. As at June 30, 2012, the restricted cash in the amount of \$190.370 is held in the form of Guaranteed Investment Certificates with an interest rate of 0.890%

3. FINANCIAL INSTRUMENTS

The Society's financial instruments are classified as follows:

Held for trading:

Cash and short-term investments

Loans and receivables:

Accounts receivable HST recoverable

Other liabilities:

Accounts payable and accrued liabilities Long-term debt Legacy project



NOTES TO FINANCIAL STATEMENTS for the year ended June 30, 2012

3. FINANCIAL INSTRUMENTS (continued)

The Society is exposed to various risks through its financial instruments and has a comprehensive risk management framework to monitor, evaluate and manage these risks. The following analysis provides information about the Society's risk exposure and concentration as of June 30, 2012.

Market risk

Market risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market prices. Market risk comprises three types of risk currency rate risk, interest rate risk and other price risk. The Society is mainly exposed to interest rate risk.

Interest rate risk

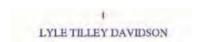
Interest rate risk is the risk that the value of a financial instrument might be adversely affected by a change in the interest rates. In seeking to minimize the risks from interest rate fluctuations, the Society manages exposure through its normal operating and financing activities. The Society is exposed to interest rate risk primarily through its investments in Guaranteed Investment Certificates and its long-term debt.

4. CASH AND SHORT-TERM INVESTMENTS

Cash and short-term investments consist of the following:

Cash	\$ 89,933	\$ 508,533
Short-term investments	50,173	26,750
In kind gift certificates	231,163	139.226
	\$ 971.269	\$ 674.509

2012



NOTES TO FINANCIAL STATEMENTS for the year ended June 30, 2012

4. CASH AND SHORT-TERM INVESTMENTS (continued)

The short-term investments consist of four guaranteed investment certificates, including accrued interest, are valued as follows:

including accrued interest, a	are valued as follows.	-	2012		2011
Guaranteed Investment Certificate 0.890% 0.790% 0.790% 1.250% 0.500% 0.750% 1.400%	Maturity October 2012 February 2013 February 2013 August 2012 February 2012 August 2011 September 2011	5	190,370 28,157 23,178 10,878	s	23,041 10,749 188,517
Investment Trust Fund 500 units			247,583 2,960	2	222.307 2,960
		\$	250,543	\$	225,267
The investments are allocal	ted to the funds as follows:				
		5-	2012		2011
General fund Bequest fund Operational Reserve fund		s	50,173 10,000 190,370	S	26,750 10,000 188,517
		S	250,543	S	225.267

5. CAPITAL ASSETS

		2012		2011
	Cost	Accumulated amortization	Net	Net
Land	\$ 120,840	S -	\$ 120,640	\$ 120,640
Building	548,123	224,461	323,662	337,148
Motor vehicles	603,455	424,874	178.591	86.706
Uniforms	28,526	21,629	6.897	3,474
Computer software	10,213		10,213	200
Computers	47,927	38,913	9,014	12,419
Equipment	237,851	205,805	32.246	38,798
Paving	30,019	18,983	11,036	11.996
	1,626,754	\$ 934,465	\$ 692,289	\$ 611,179

NOTES TO FINANCIAL STATEMENTS for the year ended June 30, 2012

6. SECURITY FOR INDEBTEDNESS

(a) Bank indebtedness

FEED NOVA SCOTIA has access to an operating credit line of \$175,000 which has interest calculated at the banks prime lending rate from time to time and is secured by a general security agreement with a specific charge over motorized serial numbered assets with replacement cost; insurance coverage, loss, if any, repayable to the bank. The balance outstanding at year end was nill.

(b) Long-term debt

The Halifax Regional Municipality loan is secured by a first charge over the land and building, subject to conditions in note 10, having a net book value of \$444,302.

7. LEGACY PROJECT

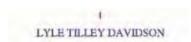
In 2003, FEED NOVA SCOTIA partnered with the Halifax Regional Municipality (HRM) and the Victoria Park Legacy Project to restore Victoria Park in Halifax, Nova Scotia. Revenues are derived from the individual purchases of bricks which will be used in the restoration of the park. Minimal expenses have been incurred. Revenue will be deferred until such time that the culmination of the earnings process has taken place. An amount of \$200,000 is to be paid to HRM for related construction costs incurred from revenues generated by the project. A total of \$137,174 has been paid to the HRM leaving an outstanding balance of \$62,826 which is payable as future revenues are generated. Of the revenues received to date there is \$2,362 payable to HRM.

8. DEFERRED CONTRIBUTIONS - CAPITAL CAMPAIGN

Deferred contributions - capital campaign represents the amount of donalions received for the purchase of capital assets less capital campaign expenses and the amortization of net capital campaign contributions to date. Details of the deferred contributions - capital campaign balance are as follows:

Capital campaign contributions Less: Capital campaign expenditures Amortization

2012	2011
\$ 653,922	\$ 653,922
(138,897) (343,469)	(138,897) (312,295)
\$ 171,556	\$ 202.730



NOTES TO FINANCIAL STATEMENTS for the year ended June 30, 2012

9. DEFERRED REVENUE - CAPITAL FUND

Property acquisition

In 1998, the Halifax Regional Municipality approved the sale of 213-217 Bedford Highway to the Society. The property was recorded as a capital asset of the Society at the appraised value of \$290,000. Deferred revenue of \$108.750 was the portion of the purchase price which will be forgiven by the Halifax Regional Municipality. The Society is amortizing the deferred revenue to income on the same basis as the amortization of the property. During the year \$2,628 of amortization was recorded. The Municipality holds a loan over the property for the remaining amount outstanding. Title of the property will be conveyed to the Society when the loan is extinguished.

The Province of Nova Scotia has also granted an amount of \$108,750 that will be payable to the Society over a 15 year period to assist the Society in paying for the property. Interest at the Municipality's cost of borrowing will also be granted to the Society by the Province of Nova Scotia over a 15 year period.

Department of Community Services capital grant

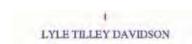
In 2005 FEED NOVA SCOTIA received a one time grant of \$275,000 from the Department of Community services which was used for the immediate capital equipment needs of the Society. The Society is amortizing the deterred revenue to income on the same basis as the amortization of the related equipment. During the year \$8.872 of amortization was recorded.

10.	M C2-1	COM	DEBT

	-	2012		2011
Halifax Regional Municipality loan, bearing interest at 6.75% repayable in blended monthly installments of \$1,594, until September 2014.	\$	39,206	5	54.992

The aggregate amount of principal payments required in each of the next three years to meet retirement provisions are as follows:

Year ending June 30,	2013	5	17,008
	2014		18,193
	2015		4,005



NOTES TO FINANCIAL STATEMENTS for the year ended June 30, 2012

11. IN KIND DONATIONS

(a) Donated food

Donated food revenue is calculated as follows:

	2012	2011
Estimated fair value of food donated during the year Estimated food inventory-beginning of year Estimated food inventory-end of year	\$14,505,069 987,887 (782,819)	\$14,108,645 1,193,453 (967,887)
	\$14,690,137	\$14.334,211

Since the tood is consted to members, the inventory has no net realizable value. Therefore, in accordance with generally accepted accounting principles, inventory has not been recorded as an asset in the statements of the Society.

(b) Donated goods

In kind donations in the form of goods are recorded in the financial statements when management can reasonably determine the fair value of the donations. The in kind donations recorded in these financial statements for the year ended June 30, 2012 are \$125,863 (2011 - \$106,660).

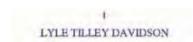
(c) Donated services

Volunteer hours representing fundraising, special events, administrative and warehouse activity for the year ended June 30, 2012 were 44,132 (2011 - 41,483). The value of these services are not reflected in these financial statements.

12. COMMITMENTS

The aggregate annual payment under long-term equipment leases expiring between December 2016 and December 2017 are as follows:

Year ending June 30, 2013	\$ 22,955
2014	22,955
2015	22,955
2016	22,955
2017	8,379



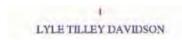
NOTES TO FINANCIAL STATEMENTS for the year ended June 30, 2012

13. CAPITAL DISCLOSURES

The Metro Food Bank Society - Nova Scotia considers its capital to be the balance maintained in its general, capital, bequest and operational reserve funds. The primary objective of the Society is to invest its capital in a manner that will allow it to continue as a going concern and comply with its stated objectives. Capital is invested under the direction of the Board of Directors of the Society with the objective of providing a reasonable rate of return, minimizing risk and ensuring adequate liquid investments are on hand for current cash flow requirements. The Society is subject to externally imposed requirements of its capital in the bequest fund.

14. FUTURE REPORTING

The Canadian Accounting Standards Board will require all non-profit organizations to adopt either International Financial Reporting Standards (IFRS) or Accounting Standards for Non-profit Organizations for annual financial statements relating to fiscal years beginning on or after January 1, 2012, including the restatement of comparative period financial statements on the same basis. The transition from Canadian GAAP to Accounting Standards for Non-profit Organizations will be applicable to the Association for the year ending June 30, 2013.



METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA) SCHEDULE OF REVENUE

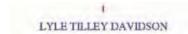
for the year ended June 30, 2012

	2012	2011
FUNDRAISING EVENTS	\$ 1,652,983	\$ 1,698,517
EXPENDITURES RELATED TO FUNDRAISING		
Advertising and special events Postage Printing Salaries and benefits Training and development	243,404 33,876 37,109 202,639 1,021	196,806 32,267 45,124 220,070 847
	518,051	494,914
NET FUNDRAISING REVENUE	1,134,932	1,203,603
DONATIONS	1,230,197	1 177,896
GRANTS	503,867	427,018
OTHER	57.561	57,184
	\$ 2,926,557	\$ 2,865,701

METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA) SCHEDULE OF EXPENDITURES

for the year ended June 30, 2012

5	706 11,677 811 2,810 4,856 5,871 21,793 6,076 5,887 28,189 15,985 103 6,343 463,665	\$	2,494 14,176 303 2,484 6,203 15,515 23,738 2,263 5,891 17,436
\$	811 2,810 4,856 5,871 21,793 6,076 5,887 28,189 15,985 103 6,343	\$	14,176 303 2,484 6,203 15,515 23,735 2,263 5,891 17,436
	811 2,810 4,856 5,871 21,793 6,076 5,887 28,189 15,985 103 6,343		14,176 303 2,484 6,203 15,515 23,735 2,263 5,891 17,436
	811 2,810 4,856 5,871 21,793 6,076 5,887 28,189 15,985 103 6,343		303 2,484 6,200 15,515 23,738 2,260 5,891 17,436
	2,810 4,856 5,871 21,793 6,076 5,867 28,189 15,985 103 6,343		2,484 6,202 15,515 23,735 2,260 5,891 17,436
	4,856 5,871 21,793 6,076 5,887 28,189 15,985 103 6,343		6,202 15,515 23,735 2,260 5,891 17,436
	5,871 21,793 6,076 5,887 28,189 15,985 103 6,343		15,518 23,738 2,260 5,891 17,436
	21,793 6,076 5,887 28,189 15,985 103 6,343		23,739 2,260 5,891 17,436
	6,076 5,887 28,189 15,985 103 6,343		2,260 5,891 17,436
	5,887 28,189 15,985 103 6,343		5,891 17,436
	28,189 15,985 103 6,343		17,436
	15,985 103 6,343		
	103 6,343		
	6,343		18,934
	1000		
	463,669		26,436
	3.02 3.030		465,260
	16,466		14,869
	5,217		2,324
-	18.465		20,233
8	612.920	\$	640,223
5	(16.727) 7,982 18.576 28,584 8,352 3,348 33,296 735	\$	(15,083 12,123 15,347 23,567 7,884 4,365 26,080 548
	7.330		5,401
5	91.476	\$	79,235
	- 4	\$ (16.727) 7.982 18.576 28.584 8.352 3.348 33.296 735 7.390	\$ 612.920 \$ \$ (16.727) \$ 7.982 18.576 28.584 8.352 3.348 33.296 735 7.330





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